

Awards

Overall and Masters Level (40 and over) winners (male and female). Awards for Top 3 finishers in each age division: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 and up!

5K Course—USATF Certification # IL-04105-JW

Visit www.rallyforautism.com for a course map. Jogging strollers are allowed but must start at rear of pack. **NO** bicycles, skates, or roller blades are permitted in 5K Run. Pets are not allowed at Independence Grove.

CARA CERTIFIED RACE



This race has applied for and received the Chicago Area Runners Association designation as a *CARA CERTIFIED RACE*. This race has agreed to adhere to and uphold CARA's Best Practices Guidelines. These Guidelines embody the highest standards for quality, safety and comfort for participants in a road race.

Due to CARA's advocacy efforts, runners in the Chicagoland area enjoy some of the highest quality road races in the country. To view the Guidelines and to learn more about CARA, visit www.cararuns.org.

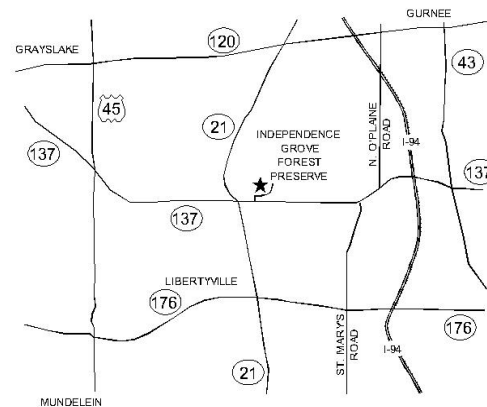
The Chicago Area Runners Association (CARA) is a non-profit organization devoted to expanding, motivating, supporting and celebrating the running community of Chicagoland. CARA connects runners to resources that enable them to run – further, faster, better, for life. The Rally for Autism is proud to be a CARA Certified Race.

www.cararuns.org

Race Day Schedule

7:00-8:45 a.m.	Race day registration and packet pick-up
8:40 a.m.	Warm-ups
8:55 a.m.	Call to start
9:00 a.m.	Start of 5K Run
9:01 a.m.	Start of 5K Walk
10:30 a.m.	Award Ceremony
8:00-12:00	Resource and Fun Fair

Map



Results

RACETIME will provide timing for this event. Complete results will be posted at www.racetime.info, www.chicagoaa.com and www.cararuns.org

Questions?

Contact the race directors:
Eric L. Smith at 847-543-4502
Stephanie Nickolson at 847-548-1351
or e-mail Rally4Autism@aol.com.
www.rallyforautism.com

RACE DAY HOTLINE 847-910-2814



BALLY
TOTAL FITNESSSM

Presents the Seventh Annual



Saturday, August 15, 2009

Race Start 9:00 a.m.

Independence Grove Forest Preserve

Libertyville, IL

(Route 137 just east of Route 21)

Autism Facts

Autism is a medical disorder that affects at least 500,000 children and adults in the United States. Current estimates state that 1 child in 150 will be diagnosed on the Autism spectrum. Autism has reached epidemic proportions. The mission of the Northeast Illinois Chapter of the Autism Society of America and the Autism Society of Illinois (ASI) is "To improve the lives of individuals and families affected by Autism."

Proceeds from this event will provide direct support to families affected by Autism, fund Autism research and assist organizations that serve the Autism community.

